



Fit Guide applies to jerseys, bibs and shorts.  
All measurements, apart from weight, are listed in inches.

### Sizing Chart

SIZE	WAIST	CHEST	WEIGHT	HEIGHT
X Small	26-29	33-35	100-125	60-64
Small	29-32	35-38	120-145	64-68
Medium	32-35	38-41	145-165	66-70
Large	35-38	41-43	165-180	68-72
X Large	38-42	43-46	180-210	70-76
2X Large	42-46	46-49	210-240	74+
3X Large	46-51	50-52	240-260	74+
4X Large	51-54	52-55	260-280	74+
5X Large	54+	55+	280+	74+

Primal apparel is engineered for the highest possible performance. To take full advantage of the technical properties of your Primal apparel, it should fit close to the body so that moisture is effectively transported away from the skin to help keep you cool and dry.

For a looser fitting jersey, please order one size up from the size shown in the size chart.



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### Women's Size Chart

SIZE	WAIST	CHEST	WEIGHT	HEIGHT	HIPS
XX Small	<24	<32	85-100	Up to 62	<34
X Small	24-25	32-33	90-110	Up to 62	34-35
Small	25-27	33-35	105-120	61-65	35-37
Medium	27-29	35-37	120-145	64-68	37-39
Large	29-32	37-40	140-165	67-71	39-42
X Large	32-35	40-43	160-185	70-73	42-45
2X Large	35-37	43-45	185-205	71-74	45-47
3X Large	37-39	45-47	190-215	71-74	46-48
4X Large	38-40	46-48	205-225	71-74	45-47
5X Large	40+	48+	225+	71+	47+

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